

Pinkalicious

The Musical



PLAY GUIDE

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VIRGINIA REPERTORY THEATRE

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ABOUT THE AUTHORS

Victoria Kann is the award-winning illustrator and author of the picture book series featuring the whimsical and effervescent character, *Pinkalicious*. Victoria co-authored and illustrated the first two books — *Pinkalicious* and *Purplicious* — as well as the play, *Pinkalicious The Musical*. She wrote and illustrated *Goldilicious* and is working on several more books about the adventures and antics of Pinkalicious. The Pinkalicious character was inspired by Victoria’s real life daughters — two girls with vibrant imaginations who love cupcakes, dress-up, play princess, and all things pink. Recently Victoria’s husband, a toy designer, built a tree house for their Princess Pinkerbelles. She often hears galloping in the house and wonders if it’s Goldilicious or just her Pinkerellas.



Elizabeth Kann is a doctor who has yet to see an actual case of Pinkitis. She coauthored the text of *Pinkalicious*, *Pinkalicious The Musical*, and *Purplicious* with her sister, Victoria Kann. Her writing has appeared in a variety of newspaper and print publications. She lives in Pennsylvania with her husband, who is also a doctor, and their three children.

John Gregor received a 2004 Frederick Loewe Award for his musical *With Glee*, for which he wrote the book, music and lyrics. *With Glee* was presented in a workshop by the Skirball Center, NYU, and The New York Musical Theatre Festival and opened Off-Broadway at the Kirk Theater in 2010. He is also composer and co-lyricist of *Pinkalicious The Musical*, which recently began its sixth year of production Off-Broadway. His musical adaptation of Gogol’s tragicomic short story *The Overcoat* has been presented in London at the Bridewell Theatre and The New York International Fringe Festival. John has also co-written music and lyrics for several children’s musicals for the Vital Theatre Company, including *The Changeling* and *The Bully*, currently on national tour. John holds an M.F.A. in musical theater writing from New York University’s Tisch School of the Arts and a degree in musical theater performance from Emerson College.

SETTING THE STAGE

Pinkalicious loves pink and wants everything in her life to be pink. Her dream is to radiate pink. After overindulging in pink cupcakes, she wakes up pink. She is thrilled to be pink and have her dream come true.

Her parents take her to the doctor, and she is diagnosed with pinkitis. On the way home, Pinkalicious plays at the playground but is attacked by birds and bees when she is mistaken for a pink flower. Her best friend doesn't even recognize her as she is camouflaged in the garden. At home, she eats another cupcake, and the next morning she wakes up red and develops pink eye pinkitis whereby she can only see the color pink. Now she must do something to fix her predicament.

She bravely follows the doctor's order to eat green food. Due to her new resolve, Pinkalicious is transformed back to normal.

Pinkalicious has learned self-control and to be careful what you wish for. Her brother, on the other hand, has eaten the last cupcake, turns pink, and shouts with glee: Pink-A-Boo!

THE CHARACTERS

Pinkalicious: An energetic little girl who loves the color pink and pink cupcakes

Peter: Her younger brother who would rather eat cupcakes and feels that Pinkalicious gets all of the attention

Mrs. Pinkerton: Pinkalicious's organic-minded and busy mother

Mr. Pinkerton: Pinkalicious's pinkaphobic father

Dr. Wink: Pinkalicious's pediatrician who is very excited about diagnosing pinkitis

Alison: Pinkalicious's best friend who also wants to be pink

Birds, Bees, Butterflies: Love to flap wings and sing and dance and think Pinkalicious is a flower

Summary and character information courtesy of theatricalrights.com

PRE-SHOW QUESTIONS

- 1.** Pinkalicious loves the color pink and eating pink cupcakes. What is your favorite color and favorite food that is that color?
- 2.** Pinkalicious has a brother, Peter, who helps her when she is in trouble. Who can you count on to help you when you get into a sticky situation?
- 3.** *Pinkalicious The Musical* is a play that is based on a series of books. Have you read the books before? If so, what do you think you'll see onstage? What parts of the book are your favorites? If you haven't read the books, what do you think the story *Pinkalicious* will be about?
- 4.** What do you expect to see onstage when you enter the theater? What will the set and the lighting look like? What do you think the designers want you to feel when you look at the stage and lighting?



POST-SHOW DISCUSSION QUESTIONS

- 1.** Pink refuses to follow some of her parents' rules, by eating more than one cupcake and running to the playground. How do you think this makes her parents feel? Why do her parents give her those rules?
- 2.** How does Pink treat her parents differently in the beginning of the play than at the end of the play?
- 3.** Why does Alison get upset with Pinkalicious? Would you have gotten upset with her, too? What could Pink have done differently? Did Pink do the right thing at the end of the play?
- 4.** If you were Pink and had to eat green foods, what three would you choose to eat?
- 5.** Pinkalicious is a fantasy book because it is not realistic that you will turn pink if you eat pink things. However, it is realistic that we need to eat healthy things to feel and look our best. What happens to our bodies if we eat all junk food? How does your body feel? What can we do to keep our bodies healthy?
- 6.** How does Peter feel about the color pink? Why doesn't he want to share his feelings with others? What advice would you give him?

ACTIVITY: TEACHER INSTRUCTIONS

A Color Poem

Poetry is filled with imagery that stimulates our five senses. Using the template below, create a group Color Poem together as a class. Then, write the poem template on the board and have students create their own Color Poem. After they have completed their poem, allow them to decorate their poem with images from their poem, using shades of their favorite color.



COLOR POEM TEMPLATE:

Line 1: Name a color	1.
Lines 2-4: Name 3 things that are that color	2.
	3.
	4.
Lines 5-7: Name 3 things that sound like that color	5.
	6.
	7.
Lines 8-10: Name 3 things that taste like that color	8.
	9.
	10.
Lines 11-13: Name 3 things that feel like that color	11.
	12.
	13.
Line 14: What can that color do?	14.

ACTIVITY:

Colorful Celery

In this experiment, students will spruce up celery and create a colorful array, while also discovering important lifecycle traits of plants.



Materials

6 long stalks of celery
Chopping board
Knife
Red and blue food coloring
6 drinking glasses
Water
Vegetable peeler
Pen or pencil (optional)
Journal to record observations (optional)

Activity

1. Cut the pieces of celery to the same length, tall enough to fit into the glasses so they'll be completely submerged by water. Make sure to chop off the bottom and the top at the leafy part so you're left with the stalks.
2. Fill each of your 6 glasses with an equal amount of water, about 3 inches from the top.
3. Add 10 drops of red food coloring each to 3 of the cups.
4. Add 10 drops of blue food coloring each to the remaining 3 cups.
5. Place one piece of celery into each glass. After this step you'll have 6 cups, 3 with red coloring and 3 with blue coloring and each with a stalk of celery submerged in it.
6. After 2 hours, take a stalk of celery out of a glass with blue food coloring. Has the color of the celery changed? Use your vegetable peeler to peel the stalk of celery and see how far the change has gone. Write the results in your journal.
7. Remove a stalk of celery at the intervals of: 2 hours, 4 hours, 8 hours, 24 hours, and 48 hours (you have 6 glasses, and thus 6 stalks of celery).
8. After each interval has passed, remove a stalk and peel it, noting in your journal the changes to the celery after each interval.

Just like people and animals, plants need water to survive. Plants get water from the dirt through their roots.

Inside the plants are capillaries that allow the water to travel through the plant. These capillaries are hollow and function as a "straw" for the plants. You can witness from the celery that over an extended period of time the plant draws water through its capillaries all the way through its system. As the water is drawn up, a vacuum is formed at the top, and the colorful water is forced through the celery stalk, causing the celery to turn color.

Taken from: <http://www.sciencefairadventure.com/ProjectDetail.aspx?ProjectID=162>

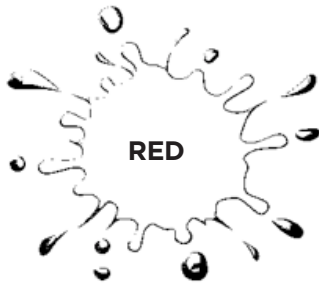
ACTIVITY:

Mixing Colors

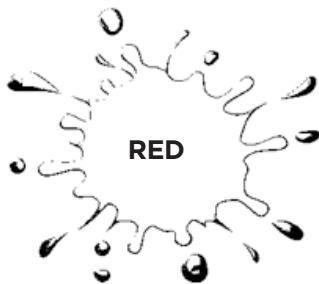
The primary colors: **red**, **blue**, and **yellow** mix and form the secondary colors: **green**, **orange**, and **purple**.

With finger paints or tempera paints, paint the circles below to learn how colors mix to create new colors.

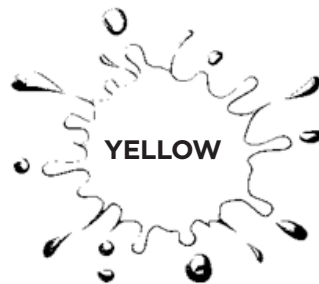
Primary Colors



Secondary Colors



+



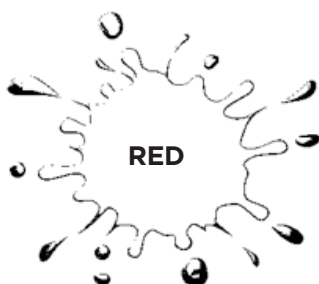
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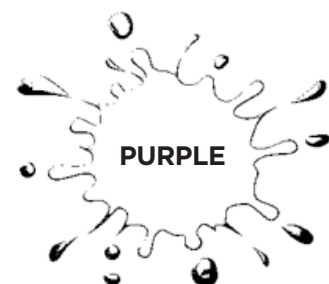
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Adapted from: <http://www.first-school.ws/activities/artapp/rainbow-color-mixing.htm>

ACTIVITY: TEACHER INSTRUCTIONS

Healthy Eating Habits

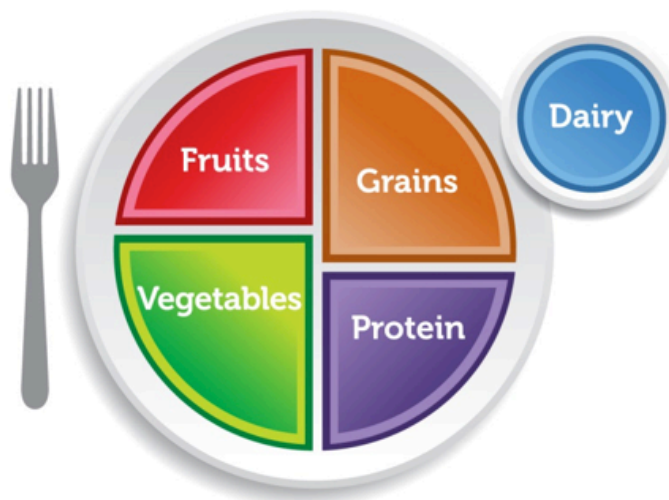
An Activity with **Choose MyPlate**

Introduce **MyPlate** to students while emphasizing the importance of eating a variety of healthy foods, and how easy it can be.

Show the students the colored printout of **MyPlate**, found at **www.choosemyplate.gov**. Point out each section and, depending on the grade level you are working with, have the students identify the colors and labels of each section.

Activity

1. Have each student list his or her favorite fruit and vegetable. Ask the students how much of their plates are normally taken up by fruits and veggies. Going through the colors of the rainbow, brainstorm different fruits and vegetables that are each color.
2. Next, depending on the age of students you are working with, split the class into pairs or small groups working with an adult assistant. Provide each pair or small group with the attached Color Craze worksheet (next page) and instruct them that when you say “go” they will have 5 minutes to come up with a list of as many fruits and vegetables they can think of for each color.
3. At the end of the 5 minutes, have each small group or pair count the number of fruits and vegetables they listed for each color. Allow the winning pair or group for each individual color to read off their list out loud to the class.



Choose**MyPlate**.gov

Taken directly from:

<http://www.learningzonexpress.com/documents/EnergyEverydayforEveryone/MyPlateLessonPlans.pdf>, www.choosemyplate.gov

ACTIVITY:

Fruits and Vegetables Color Craze

Write as many fruits and vegetables you can think of that are each color listed below.

Green	White	Red	Yellow/Orange	Blue/Purple

ACTIVITY:

Have Fun With Fruits and Vegetables

Find the hidden fruits and vegetables in the puzzle. Words can read up, down or across, from left-to-right or right-to-left.

Find:	Celery	Papaya
Apple	Eggplant	Pear
Banana	Grapes	Peas
Broccoli	Kiwi	Squash
Carrots	Orange	Yams

B	F	S	E	A	Y	A	P	A	P
R	C	Q	L	S	R	P	E	A	R
O	H	U	P	B	A	N	A	N	A
C	P	A	P	Y	R	E	L	E	C
C	S	S	A	Y	A	M	S	T	E
O	A	H	E	G	N	A	R	O	K
L	E	C	A	R	R	O	T	S	I
I	P	G	R	A	P	E	S	K	W
B	E	G	G	P	L	A	N	T	I

ACTIVITY:

Fruit and Vegetable Goals

Name a fruit you would like to try:

How will you eat this fruit?

(On cereal, as a snack, for dessert, with dinner, on pancakes, etc.)

Name a vegetable you would like to try:

How will you eat this vegetable?

(As a snack, with dip, for lunch, etc.)



OTHER FUN ACTIVITIES: TEACHER INSTRUCTIONS

Egg Carton Garden

Pinkalicious learns a lot about plants and nature in *Emeraldalicious*. Have students bring in an empty egg carton. Fill each area with dirt and seeds, like beans. Place the cartons near a window so they receive enough sunlight. Have students water their egg carton plants every day. Once they start to sprout, encourage your students to track how tall their plants are growing. When the plants start to outgrow their cartons, have students take them home and replant them in a yard or larger pot. Remind them to continue to care for their plants and have them bring in pictures of their budding gardens.

Color Blossoms

Pinkalicious uses her special wand to help make the park greentastic. Show your class how they can make white flowers colorlicious with food dye! Give each student a few white flowers like carnations, daisies, or roses. Place the flowers in cups of water. Then have students put a few drops of food coloring into each cup. Students can even mix colors like blue and red to make purplicious flowers. Have your class check on their plants every few hours to see when they start changing colors.

Milk Carton Birdhouse

In *Emeraldalicious*, Pinkalicious realizes that some items can be transformed into something completely different. Encourage your students to also understand this by crafting a milk carton into a birdhouse. Have your students bring in an empty cardboard milk carton. Cut a medium-size hole on the side that will be the front of the birdhouse. They can make a perch for birds by cutting a Popsicle stick in half and gluing it under the hole. Then students can decorate their houses with paint, stickers, glitter, and more! Punch a hole at the top of the milk carton and run a piece of string through it so the birdhouse can be hung. Fill the interior of the birdhouse with nesting material like pieces of scrap paper. When the birdhouses are completed, they can be displayed in the classroom or outside.

HEALTHY SNACK IDEAS

10 tips for making great tasting snacks

- 1. Create a yogurt sundae!** Top plain, low-fat or fat-free yogurt with fresh, frozen, or canned fruit, like bananas, strawberries, or peaches. Sprinkle whole-grain cereal on top for crunch.
- 2. Make pita pockets.** Stuff a small whole wheat pita with sliced bell peppers, salsa, and a slice of low-fat cheese. Melt in the microwave for 15-20 seconds.
- 3. Jazz up your favorite cereal.** Make a trail mix! Stir 1/4 cup of unsalted nuts, 1/4 cup of dried raisins or cranberries, and 1/4 cup of whole-grain cereal together.
- 4. Make a fruit sandwich.** Cut an apple into thin slices. Spread peanut butter or almond butter between two slices to create “apple sandwiches.”
- 5. Dip your veggies.** Create veggie treats by dipping slices of cucumbers, peppers, and carrots in a low-fat salad dressing or hummus.
- 6. Pack an afterschool snack.** For a healthy afterschool snack, keep a fruit cup packed in 100% juice or water in your bag. Some fresh fruit, like bananas and oranges, are also easy to pack and eat any time.
- 7. Try a piece of cheesy toast!** Toast a slice of whole wheat bread and top with a slice of your favorite low-fat cheese.
- 8. Freeze your fruit.** For a frozen treat on hot days, try freezing grapes or bananas! Don’t forget to peel bananas and pull grapes from the stem before freezing.
- 9. Power up with ‘roll-ups’.** Roll a slice of low-salt deli turkey or ham around an apple wedge or around a slice of low-fat cheese.
- 10. Build a fruit salad.** Mix your favorite sliced fruits such as pineapple, grapes, and melon.

TAKE HOME ACTIVITY:

Smashberry Muffins

Ingredients

1 2/3 cups fresh strawberries

2/3 cup sugar

1/3 cup vegetable oil

2 eggs

1 1/2 cups all-purpose flour

1/2 teaspoon baking soda

1/2 teaspoon salt

1/2 teaspoon cinnamon

Directions

1. Heat oven to 425° F.
2. Put a paper baking cup in each of 12 regular-size muffin cups, or grease just the bottoms of 12 muffin cups.
3. Slightly smash strawberries in large bowl, using fork.
4. Stir in sugar, oil and eggs until mixed.
5. Stir in other ingredients just until moistened.
6. Spoon batter into muffin cups.
7. Bake 15 to 18 minutes or until light golden brown or toothpick poked in center comes out clean.
8. Cool 5 minutes.
9. Loosen sides of muffins from pan if needed, and take them out of the pan.
10. Makes 12 muffins.

Tip: If you do not have fresh strawberries, you can use frozen strawberries that you have thawed and drained.



ABOUT US



Virginia Repertory Theatre is a nonprofit, professional theatre company and the result of the 2012 merger of Barksdale Theatre and Theatre IV. With a budget of \$5 million, four distinct venues, an educational touring arm, and an annual audience over 550,000, Virginia Rep is the largest professional theatre and one of the largest performing arts organizations in Central Virginia. We are dedicated to the development and production of new plays, and we seek outside producing collaboration to ensure the play has a life beyond its development and production at Virginia Rep.

For over 60 years, Virginia Rep has served Virginia's adults, children, families and schools and contributed to the cultural, educational, and economic life of our city and region.

Our Signature Season operates under an annual contract with Actors Equity Association.

Virginia Rep is a member of TCG and National New Play Network NNPA.



MISSION

Virginia Repertory Theatre creates professional productions of the great comedies, dramas, and musicals – past, present and future. We seek to be a regional theatre of national standing. We embrace the art form in its entirety, presenting plays of all genres and national origins, serving an audience of all ages and backgrounds. In keeping with the legacies of Barksdale and Theatre IV, the hallmark of our nonprofit company is community engagement. To that end, we seek national caliber excellence in the arts, education, children's health, and community leadership.